

THE LORD'S PRAYER
Readings and Meditations I

Our Father in Heaven

-God as Father: Ps 103: 12-14; Heb. 12: 4-11; Hosea 11:1, 3-4.

-Heaven: Ps. 99; Rev. 21: 1-5a; Mark 14:36; Rom. 8:15; Gal. 4:6.

-God first, our needs second: Matthew 6: 25-34.

Hallowed be Your Name

-Name: Exodus 3: 6, 14.

-Hallowed: Psalms 47, 96, 99; Hebrews 13: 15-16.

Meditation: Spend some time quietly praising and adoring God for who he is, a holy, merciful, and compassionate Father. Recall God's holiness and compassion in Jesus Christ, in creation, and in our relationships.

Your Kingdom Come Your Will be done

-Kingdom: Rom. 8: 12-17; Gal. 4: 6-7.

-Come: Rom. 8: 22-25; Phil. 2: 9-11.

God's will: Psalm 119: 1-16.

Meditation: Quietly meditate on what it means to ask for God's Kingdom to come. Pray for God's rule to be in our hearts and minds. God's rule to come into the lives of those who have not yet accepted him.

On Earth as it is in Heaven

-On earth: Matthew 5, 6, 7.

-World, flesh, devil: 1 John 2: 15-17; Gal. 5: 16-21.

Meditation: Welcome and acknowledge God's influence in your life and in the world. Think about what God's will for you is in relation to family problems and relationships; planning your future: school, career, retirement.

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Follow-Up: After today's quiet day, if you receive answers to your prayer, consider sharing with a friend, telling us about it at lunch on a Sunday, or sending the details for inclusion (anonymously if you wish) in our Warden's Wire (Contact Alison Buffet abuffett30@gmail.com) By doing so you will be an encouragement to others.