



ISSUE 33 JUNE 1 – 15<sup>TH</sup> 2024

Saturday June 1

5 pm – 7 pm Pot Luck dinner with the Bishop

Sunday Jun 2

10.30 am Holy Communion with Bishop Jenkins

Monday June 3

9.30 am Craft Circle

12.30 pm Friendship Circle - *on field trip!* 

Wednesday June 4

2.00 – 3.30 pm Bible Study – Genesis

Thursday June 5

6.30-8.30 Bible Study

Friday June 6

6.00-9.00 pm Park Group AA

Sunday June 9

10.30 am Morning Prayer

Monday June 10

9.30 – 12.00 Craft Circle

12.30-2.30 Friendship Circle7.30 pm HSC Choir practice

Wednesday June 12

2.00 pm Bible Study

Thursday June 13

7 pm Evening bible study

Friday June 14

6-9 pm Park Group AA

Saturday June 15

10 – 2 **Garage Sale** 

Also on Sunday

8.30 am St Mary's Independent Anglican service

2.pm Hoi Thanh Tin Lanh service

Bringing a great big Canadian welcome to our Bishop Bill Jenkins and his wife Kim, who will be with us June 1 -2 from the Diocese of North East & Mid Atlantic Thank you for spending your weekend in Canada

A pot luck dinner will be served at 5 pm on Saturday june 1<sup>st</sup>, please come, bring a dish, and meet the bishop and his wife over dinner.

On Sunday june 2<sup>nd</sup> there will be holy communion with bishop Jenkins preaching

Please plan to be at st george's to greet and enjoy this prayerful occasion with fellowship and camaraderie

Last Monday's Friendship Circle was fun!
Linda's piano skills have made a huge
difference to the program and we thank her for
our great contests of Name That Tune. Last
week it was Frank Sinatra's music. Old Blue
Eyes as they called him got some good
responses from all of us who could hum it,
remember the first line, the seventh line, a few





words of the chorus but rarely the title. Not saying which team won.

I suggested that we each write the first sentence of what could become a very short, short story were we to switch papers with the person beside us who would take it home and finish it off.

"What great fun!" I was thinking."How interesting this will be!"

Seems I was alone with my stunning idea as it kind of fell as flat as those pancakes we sell every Lent. Be warned. I'm not giving up that idea yet. There could be a budding Agatha Christie amidst us.

We had a great little crossword puzzle of the 23rd Psalm. And then we repeated it together from the King James Version. Lovely that we all knew it and could speak those glorious words of comfort in unity.

There was tea and there were biscuits, there was laughter and there were hymns with Linda's piano. We sang It Is Well With My Soul and Thy Word and Something Else.

And thank you Michael Wood for copying off three new hymns for us which I have stapled into our existing song books. We've made our very own Friendship Circle hymnary.

And this week Arpine has invited us to lunch in her gorgeous garden where she's going to let us pot some of the things in her garden for the garage sale for our refugee fund!

Aren't we blessed in the way that "all things work together for good for those who love the Lord?" Romans 8:28. - Judy

Monday Evensong was as lovely as music gets with John Laing at the organ, William Renwick directing the Schola Cantorum choir and our new speakers at the back of the sanctuary which expanded the sound as if we were in York Minster itself. The focus was on the Venerable

Bede,(635-735) Diocese of York. He left us with the York Compline Hymn

"To Thee, before the close of day Creator of the world, we pray, With thy wanted favour thou Wouldst be our ward and keeper now."

This music is a huge blessing to the church. It fills our space with the Glory of God. The *Glory!* 

Words and music go together, hand in hand, and we have both at St. George's. Thank you to all the musicians and to Rev. Paul Luth for his fine sermon.

Should the windows be open when we do this? And the front door with someonesitting there? This fine music should be shared with passers by. It's the best church music in the city and for miles around. We mustn't keep it to ourselves.

Thank you, thank you. - Judy

#### In the Beginning....

We are just starting a new bible study on the Book of Genesis.

Join us for an enriching time on Wednesday afternoons beginning at 2 p.m.

Learn about the story of Creation, Adam and Eve, Abraham and Isaac, Noah and the Flood and many other topics. No preparation necessary: just come along to learn and ask your questions in a free and open atmosphere. What's more, it is an opportunity for us to pray together for our needs and thanksgivings.

Join us Tom P

### "The Little People"

It's hard not to love our little people.

Last Sunday we had fun with Soroush and Ferdaus, both of whom have perfect English after only one year in Canada.

Soroush is two and let's just say he's at the curious stage. I'm not telling tales out of Sunday School but he





fell in love with the key to the church elevator last Sunday and when his dad discovered it in his pocket one day last week he got on his rented e-bike and brought it straight to my house.

We had a good visit and when he left I had a late dinner with my company and at exactly midnight that very night I got the key back into the elevator.

Soroush do forgive me for telling this story but you must understand that you are nothing short of adorable.

And I haven't been out that late since I was twenty. - Judy

#### **EXERCISE FOR OVER 60'S**

Begin by standing on a comfortable surface, where you have plenty of room at each side.

With a 5 lb potato bag in each hand extend your arms straight out from your sides and hold them there as long as you can. Try o reach a full minute, and then relax. Each day you'll find that you can hold the position for just a bit longer.

After a couple of weeks, move up to a 10 lb potato bags. Then try 50 lb potato bags and eventually try to get to where you can life a 100 lb potato bag in each hand and hold your arms straight for more than a full minute.

After you feel confident at that level, put a potato in each bag!
HONING IN ON HYMNS

ABIDE WITH ME Rev Henry Lyte 1793-1847

Abide with me, fast falls the eventide The darkness deepens, Lord, with me abide When other helpers fail and comforts flee Help of the helpless, Lord, abide with me

Swift to the close ebbs out life's little day Earth's joys grow dim, Its glories pass away Change and decay In all around I see O Thou, who changest not, abide with me

I need Thy presence, every passing day What but Thy grace Can foil the tempter's power Who, like Thyself, My guide and stay can be? Through cloud and sunshine, Lord, abide with me

I fear no foe, With thee at hand to bless Ills have no weight, and tears no bitterness Where is death's sting? Where, grave thy victory? I triumph still, If Thou abide with me.

Henry Francis Lyte, vicar of a fishing village in Devon, England served seafaring people for 23 years. Though humble he and his wife lived in a grand estate which had been provided by King William IV. Henry wrote most of his hymns, sermons and poems while walking through the 40 acres of the estate. His lung condition worsened through long damp winters and eventually he developed tuberculosis. He planned a therapeutic holiday in Italy and noted "I must put everything in order before I leave as I have no idea who long I will be away. On the last afternoon before his journey he walked pensively, returning to his home to write Abide With Me before saying goodbye to his family. .Upon arriving in France, he revised Abide with Me and put it in the post to his wife. On November 20, 1847 his lungs gave out. His final words were Peace, Joy. When news of his death reached his home the fishermen of the village asked his son in law to hold a memorial service, and it was on this occasion Abide With Me was first sung. ALISON TAKEN FROM 'THERE SINGS MY SOUL' 

Our newly renovated basement is coming to good use these days. Thanks to Christine for her great idea of a yard sale towards the refugee fund. The back room is piled high with





all kinds of goodies: books, heirloom items, fancy cushions, toys, vases. Don't forget to come because there will also be a bake sale and a plant sale and a book sale.... And a BBQ and lots of music!!

### SATUDAY JUNE 15TH 10 AM - 2 PM

. We are not collecting clothing but otherwise we welcome your donations. They can be held in the lower room at the church until the sale. Christine can answer any questions.

JUDY

### ST GEORGE'S EARLY DAYS......

Looking through the archives I thought you'd be interested to see how the early St George's fared:

"The Rev Howitt's report showed a 50% increase in the congregation during the year 1896 ...with 39 baptisms, 17 confirmations, 50% increase in marriages, 19 deaths and 146 services. Average weekly offering \$10.40. with the financial statement showing a balance on hand of \$28.83 on hand. Total receipts for the year were \$977, expenditures \$947.52. The 'sinking fund' showed a balance of \$181.88 and it is hoped the debt of \$200 will be paid off this year."

Alison





