



ISSUE 39

September 8 – 20th 2024

**SUNDAY SEPT. 8** 

10.30 AM MORNING PRAYER

MONDAY SEPT 9 & 16 9.30 AM CRAFT CIRCLE

12.30-2.30 PM FRIENDSHIP CIRCLE

WEDNESDAY SEPT 11 & 18 2 PM BIBLE STUDY

THURSDAY SEPT 12 & 19
7 PM BIBLE STUDY

SUNDAY SEPTEMBER 15

10.30 MORNING PRAYER WELCOME BACK BBQ AFTER SERVICE

**TUESDAY SEPTEMBER 17** 

1.30 PM BOOK CLUB MEETS

**THURSDAY SEPTEMBER 19** 

2 PM VESTRY MEETING

Others using St George's

Sundays

• 8.30 am St Mary's Independent Anglican service

• 2.30 pm Hoi Thanh Tin Lan Vietnamese service

Mondays

• 7 - 9 pm Hamilton Schola Cantorum choir

Fridays

• 6 -9 pm Park Group AA meets

"Please include our beloved Bishop William Jenkins and his wife, Kim, in your prayers. He has important surgery on September 10th."

### REFORMATION HISTORY COURSE

WHAT: Get to know the people and ideas of the Protestant Reformation of the 16th century.

WHEN: Thursdays, 7-8 p.m. Starting 19 Sept. 2024.

HOW: By Zoom from the comfort of your own home!

COST: None.

WHO: Tom Power

No prior knowledge necessary No preparation necessary Bring your questions Invite your friends

Contact Tom Power thomppower@gmail.com for the Zoom

I'm sure you've noticed our happy yellow banner on the outdoor railing. We hope it will encourage people to bring their children for our new Sunday School program. We hope too that newcomers to Canada will feel welcome.

I emailed a picture of it to Fast Signs, the local company that made it and to Erika there who designed it. She thought it looked wonderful and commented that our red doors gave her the idea that she should paint her own front door red. Maybe we should all have red doors. They say "Welcome" in a heart felt way. I like to think the combination of the red doors, the happy banner, the gorgeous huge flowers that Alan and Louise put at our front door and our lovely garden says "Front Porch Ministry" like nothing else could.

Once again thank you to our talented gardening team! – Judy





The Call of the Wild is being shown., thanks to Michael & Pam Wood.

### **LRT and Homelessness**

Would you like to know more about the connection between the proposed LRT and homelessness in Hamilton? If so come to a showing of the documentary film, Trainwreck (2024) on Saturday, September 21: 1:00pm - 4:30pm.

Hamilton Central Library: Hamilton Room.

Directed by Emily Power (daughter of Tom and Marlene) and her friends, Trainwreck is a feature-length documentary about light rail transit, gentrification and homelessness in Hamilton.

Question and answer with the filmmakers to follow the screening. For a preview, see (https://youtu.be/pwQ-ikeqGpl)

Our deepest sympathy to Roberta Fryers, St. George's former missionary to Thailand, on the passing of her housemate Helen Bacon.

WELCOME BACK LUNCHEON - SEPTEMBER 15 $^{\rm TH}$ . WE'LL PROVIDE THE HOT DOGS, IF YOU ARE ABLE BRING A SALAD OR DESSERT TO SHARE

### Looking Ahead ....

- Extendicare Service Thurs, Sept 26th 10 am
- Movie & pizza .. Sat. Sept 28<sup>th</sup> 4-6 pm ++
- Thanksgiving Dinner Sat.Oct 5<sup>th</sup> 5 pm ++
- Harvest Home service Sun. Oct 6<sup>th</sup>
- Welcome reception for Hassan -- No date yet

Another thoughtful quote, sent to us from Father Bob

.... "How good it is to be in church to hear the holy prayers, the chanting, the psalms. What depths are concealed in the psalms and other sacred prayers. Of course, the reader cannot grasp everything, but if just one thought makes an impression that is good'

St Nikon of Optina from "Living Without Hypocrisy: Spiritual Counsels of the Holy Elders of Optina" Holy Trinity Publications 2005

In a recent episode of The WW, (was it the issue where the gremlins got into the computer and changed around all my perfect spelling?), I told you about the beautiful book I've been reading by Ronald Blythe who died at age 100 in January 2023. It is called Next to Nature-A Lifetime in the English Countryside. The reading of it is a bit tricky at times because the expressions are not familiar to Canadians but are nevertheless tender in the way he loves every tiny bit of God's creation. He lived on the countryside border between Suffolk and Essex where he revelled in Constable Country and in the beautiful paintings that John Constable produced there in the 1820s.

Blythe has written his book in accordance with the church calendar year. He speaks of Harvest and October.

"I have been gathering the plums, tugging the laden branches towards me with a rake and stripping the firm brown-yellow fruits one at a time. The cat has slept in the mouse-brown bed of hay under the plum tree for the past fortnight watching the stars through its leaves..."

What I love most is a comment he made about the early English Christians. He claims that they had "Morning window hymns" and "Evening window hymns." I have asked several people if they know what that means exactly. If you happen to know please tell me.

I've decided to make my own definition of what a Morning window hymn should be. Every morning I plug in the speaker and play Mendelssohn's Psalm 42, Opus 42. I play it loudly and open up the window onto the street so morning dog-walkers can either be annoyed with me or enjoy it. Once they've heard those amazing musical phrases I'm counting on them to love it. The music fills me and is a unique way to welcome the day.

I've yet to figure out something to play as an Evening window hymn. Suggestions welcomed. Please let Alison include your ideas in the next WW. - Judy





## More 'food for thought' from Linda M ..(passed on to her by a friend)

- If you don't leave your past in the past, it will destroy your future. Live for what today has to offer, not for what yesterday has taken away'.
- You don't have to attend every argument you're invited to.
- Truth does not mind being questioned A lie does not like being challenged.
- Some talk to you in their free time, and some free their time to talk to you.
- Cell phones bring you closer to the person far from you. But take you away from the ones sitting next to you
- Why must I prove that I am me to pay my bills over the phone. Do strangers call to pay my bills? And if they do, why don't you let them!
- Nothing refreshes my memory of what I need at the grocery store like coming home from the grocery store!

#### Update on Cuba ....

Information from the REC-ANIC Cuba Mission Society informs us that our Archdeacon Alexei's health has improved, hurricane season, to date, has spared their island, the parishes are doing well, and behold! the congregations are now starting to tithe, (a major feat in a country where the monthly wage is \$30). The Cuba Mission Society is, of course, supporting the work and wages of clergy and staff, from the generous donations given by REC & ANIC parishioners and their friends, but some of the parishes are now able to put a little aside for good works in their community, and tithing to their diocese (i.e. convocation), just as the Reformed Episcopal Church constitution states. This is wonderful progress, and we are thankful to the hard work by those guiding the work of the Lord in this small struggling island.

ALISON

#### SHARING THANKFULNESS

The orange bags and suggested list of goods needed is now available. Fill a bag, or two, or three — and return to the church before October 6th, to be delivered to Crossfire Assembly for their work in the community — ...... Thank you JoAnne for organizing this.

### Laughter.

We learned a lot, all of us, during the covid months. We learned how to be on our own, how to develop things to keep us thinking positively, how to figure out new ways to do things.

And now that we've reached the other side of it for the most part, we are relearning the value of the commonplace, the things we used to take for granted.

One of the fun things for me is that someone invited me to a group of people who have been meeting regularly for years on Friday mornings at The Second Cup in Westdale. We're all retired. We all love to have fun. We enjoy good discussions and new learning. We all like one another.

A few weeks ago a woman who was sitting at another table asked me

"Who are you people anyway? Is this some sort of a club? What is it that you do?"

I told her this. "We are a group of random people. We meet here on Friday mornings. We laugh for two hours. Then we go home. The next Friday we come back again and laugh for another two hours."

It has made me realize the importance of community in our lives, that very thing that went missing during the months of the you-know-what.

It has made me thankful more than ever for our church community. The Friendship Circle, the Book Club, our weekly Sunday lunches that have been going on for thirty years even before we moved into this building; they bring great value to our lives. Imagine all the people that say hi to one another between the hours of 10:30-12:30 on Sunday mornings. Imagine the new information we bring one another, the ideas, the friendship.

The good part is that we meet, we pray, we sing, we listen, we eat, we laugh, we go home and come back for more. It's a good thing to recognize the blessings we receive without even asking.

It's something we've taken for granted. We shouldn't. - Judy

### HONING IN ON HYMNS





Hallelujah – What a Savior! (aka Man of Sorrows)
Philip Paul Bliss 1838-1876
Author and composer

"Man of Sorrows!" what a name For the Son of God, who came Ruined sinners to reclaim. Hallelujah! What a Savior!

Bearing shame and scoffing rude, In my place condemned He stood; Sealed my pardon with His blood. Hallelujah! What a Savior!

Guilty, vile, and helpless we; Spotless Lamb of God was He; "Full atonement!" can it be? Hallelujah! What a Savior!

Lifted up was He to die; "It is finished!" was His cry; Now in Heav'n exalted high. Hallelujah! What a Savior!

When He comes, our glorious King, All His ransomed home to bring, Then anew His song we'll sing: Hallelujah! What a Savior!

### What makes this such a powerful hymn?

Philip Bliss was nurtured in the evangelical revival movement of the nineteenth century in the United States and wrote over 200 hymns in his short life. He received some musical training from William B. Bradbury (1816-1868),

"Man of sorrows!" is different from many of the revivalistic gospel songs for which Bliss is primarily known. The music is more somber than what we might expect, employing only quarter and half notes for three lines. The dotted eighth-sixteenth note rhythm on the words of the refrain, "Hallelujah, what a Savior!", is a sudden and powerful change that highlights the theological paradox inherent in the response

The first stanza begins with the scriptural allusion, "Man of sorrows" (Isaiah 53:3). The purpose was "ruined sinners to reclaim." Stanza 2 describes the abuse of the Suffering Servant and identifies with substitutionary atonement: "In my place condemned he stood." Stanza 3 employs an effective use of antitheses (a juxtaposition of contrasts)—"Guilty, vile, and helpless we; / spotless Lamb of God was he"—followed by a rhetorical question, "full atonement can it be?" indicating the utter astonishment at the capacity of God for grace and forgiveness. The crucifixion is depicted in stanza 4 with Christ's final words from the cross, "It is finished" (John 19:30), followed by his Ascension. The final stanza points toward the Second Coming.

In 1838, Philip Bliss entered the world in a Pennsylvania log cabin. At age eleven, he left home to work on farms and in lumber camps. Soon thereafter, he attended a revival meeting where he gave his life to God. Philip had a particular interest in music, and though he continued to farm, he sought out training in music. About a year after

marrying Lucy Young (in 1859), he began working as a professional music teacher. He taught singing schools, worked with a music publisher, and held music conventions. In time, Philip became widely known as a leader in the field of music.

Due to the encouragement of evangelist D.L. Moody and other friends, Philip eventually left his career, and in 1874, he began serving as the music director for evangelist Major D.W. Whittle. In December of 1876, after completing 25 revival meetings, Philip returned to his home in Rome, Pennsylvania to spend Christmas with his family. A few days later, Philip and his wife Lucy left their





young children home while they traveled by train to an engagement at Moody's church in Chicago. Tragically, as their train crossed a bridge, it collapsed and sent seven cars plunging into the icy river bed below. Bliss survived the fall and escaped through a window, but after he returned to rescue his wife, the wreckage burst into flames and both of them perished. Philip was only 38 years old. He is buried at Chestnut Grove Cemetery, in Ohio, US Information taken from Internet

sources .....ALISON

JPS./AB 39